

HALFMOON

SENIOR CITIZEN ASSOC., INC.

P.O. BOX 4203, HALFMOON, N.Y. 12065

"DEDICATED TO SERVING"

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September 2010

CLAM STEAM

Tickets are still available for our **Clambake at Lanthier's Grove on Thursday, September 16th**. Menu includes: ½ Chicken, (Steamed or Barbecue), 2 Sausages, White Potato and Sweet Potato, Corn, Manhattan Clam-Chowder, Salad, One Dozen Steamed Clams, Beverage, and Ice Cream. Tickets are just \$16.00 for members and \$19.00 for non-members. Doors open at **12:00pm**. Steam served at 12:30pm.



DRIVE YOUR CAR FOR LESS

On **September 2nd and 3rd** from 12:30pm to 4:30pm, AARP will again offer a **Driving Course** here at the Center. Not only will you be refreshed in driving techniques, but you will also be reducing your auto insurance by 10% for the next three years! The fee is \$12.00 for AARP members (must show membership card), and \$14.00 for non-members. Participants need to attend both days to receive a certificate of completion. Class size is limited. Prior payment, by check only, made payable to AARP will reserve your seat.

CENTER TO BE CLOSED

The Center will be closed on **Monday, September 6th**, so that all may enjoy the **Labor Day** holiday.

SHUFFLEBOARD GAMES

Join us on Friday, **September 10th** at **12:30pm** for our next game day. No experience necessary! Come have a great afternoon just shuffling around with friends!

All activities are held at the Center unless otherwise specified. Center is open Monday through Friday from 9:00am to 4:00pm.

SPECIAL DAYS TO REMEMBER

(Mark Your Calendar)

Sept 1 Bingo Volunteer Meeting	11:00AM
Sept 1 Business Meeting	1:00PM
Sept 2 & 3 AARP Driving Course	12:30PM
Sept 3 Card Stamping Class	10:00AM
Sept 6 Closed for Labor Day	
Sept 7 Hermits Luncheon Trip	11:30AM
Sept 8 Bingo	1:00PM
Sept 9 Strawberry Social	12:30PM
Sept 10 Quilting Classes Begin	10:00AM
Sept 10 Shuffleboard	12:30PM
Sept 13 Card Stamping Class	10:00AM
Sept 14 Memoir Classes Begin	12:30PM
Sept 15 Bingo	1:00PM
Sept 16 Alzheimer's Support	12:00PM
Sept 16 Clamsteam – Lanthier's	12:00PM
Sept 17 Arthritis Seminar	12:30PM
Sept 21 Jewelry Class	12:30 & 2:00PM
Sept 22 County Clerk Presents	11:00AM
Sept 22 Advisory Council	1:00PM
Sept 23 Ceramics Begins	1:00PM
Sept 23 Bowling Party	10:30AM
Sept 24 Zumba Gold Begins	9:30AM
Sept 29 Pizza and Bingo Party	12:00PM
Sept 30 Lake George Theatre	9:45AM

ZUMBA GOLD EXERCISE CLASS

We've held the introductory classes and now it's time to get down to business. Our new **Zumba Gold Exercise** classes will begin on **Friday**,

September 24th at 9:30am. This is a fun, friendly workout that anyone can do, including beginners. Participants will get their hearts pumping with the fast and slow rhythms of Latin music. Moves will help tone and sculpt the body while strengthening your core. This is not just another boring exercise program. Participants need to commit to attending the eight week course as class size is limited and demand is high. Classes will continue every Friday till November 12th. Class is compliments of MVP Health Care. Sign-ups have begun at the front desk. Sign-up is required if you would like to attend.

STRAWBERRY SHORTCAKE SOCIAL



With summer almost ready to turn into fall, we will celebrate the two seasons with a **Strawberry Shortcake Social** on **September 9th at 12:30pm.** This event is free for all members. Please sign-up on the bulletin board if you will be attending.

TURNING MEMORIES INTO MEMOIRS

A memoir is a record that keeps memories preserved. Memoirs can be an invaluable resource for recording family history. The Clifton Park/Halfmoon Library, along with the Center, is sponsoring a workshop, **Turning Memories into Memoirs.** This five-session workshop is an exciting way of exploring, recording and preserving the unique tales of your life. This class is for beginners and the more experienced writers. Sessions will be held on **Sept. 14th, Sept. 21st, Sept. 28th, Oct. 12th, and Oct. 19th, from 12:30pm to 2:00pm.** Workshop fee is \$25.00 however the Library will subsidize \$10.00 reducing the fee to \$15.00. The Center will subsidize \$5.00 (for members only), reducing the fee for members to **\$10.00.** Non-members are welcome to attend at the \$15.00 fee.



CARD STAMPING WORKSHOP

Our next **Card Stamping Workshops** will be on **Friday, September 3rd, and Monday, September 13th, at 10:00am.** We will be making three unique cards at each session. All supplies, except tape, are provided. The cost is just \$2.00, due at time of sign-up.

ALZHEIMER'S SUPPORT GROUP

The Center offers a unique **Alzheimer's Support Group** to our members and to the community. Our group is for the caregivers, and for those they care for (Alzheimer's and/or any type of dementia) as well. Our next meeting will be held on **September 16th, at 12:00pm.** Caregivers group together and begin their session with a complimentary luncheon

provided by the Center. Those with Alzheimer's will enjoy a complimentary lunch together before participating in a group activity. Members and non-members are welcome.

WHERE DO HERMITS GO?

Do you not go out to eat because you're by yourself? Looking for someone to go with? The Center has a group for you to enjoy – the **HERMITS (Happily Eating Regular Meals In Town Somewhere).** Everyone is invited to join us on **Tuesday, September 7th** for lunch at the **Glenville Queen Diner.** Van for this lunch-only trip will leave at 11:30am. Your \$5.00 refundable deposit (due at sign-up), will hold your reservation on the van. Lunch is on your own.

"IN THE BEGINNING"

"In the Beginning–The Kayaderosseras Patent", presented by **Saratoga County Clerk, Kathleen Marchione,** will be held on **Wednesday, September 22nd at 11:00am.** Come learn about the history of Saratoga County – you will be surprised at what you learn. We will also learn about the history of the Town of Halfmoon. This is a great presentation that will enrich everyone. A complimentary lunch will be served following the presentation. Sign-up begins now at the front desk. No sign-ups after September 17th.

JEWELRY MAKING FOR BEGINNERS



Join us on **Tuesday, September 21st** at 12:30pm or 2:00pm for our **Jewelry Making Class,** lead by Charlotte Dickenson. The cost is \$10.00; however the Center will subsidize \$3.00, bringing the cost to \$7.00. Class size is limited to 15. Payment is due at time of sign-up. Charlotte will also be at the Center at 12:30pm on September 7th, 14th and 28th for a **BYOB (Bring Your Own Beads)** class. These classes are just \$2.00. Beads are available for purchase.

QUILTING CLASSES BEGIN

The Center will again begin a **Quilting** class led by Orpha Platt, on Friday mornings at **10:00am** starting **September 10th.** Anyone interested at any skill level is welcome to attend.

PIZZA AND BINGO PARTY

It has been a while but a fifth Wednesday has come our way again. Join us on Wednesday **September 29th at 12:00pm** for a fun filled **Pizza Party Luncheon** followed by an afternoon of **Bingo.** The cost is just \$2.00 which includes your beverage. Payment must be made at time of sign-up.

LAKE GEORGE DINNER THEATRE

Join us on **September 30th** when we head to the **Lake George Dinner Theatre** for the comedy, **"Our Son's Wedding"**. Sparks fly as an Italian-American plumber and his wife check into the Boston Ritz-Carlton for their son's nuptials – to another man. The feisty couple discover as much about their own marriage as the new world in which they find themselves. The afternoon begins with your choice of luncheon selections, which are posted on the bulletin board, followed by the show. Complimentary vans will leave the Center at 10:00am and are available for members only. Non-members are welcome but must drive themselves. Full payment of \$35.00 for members and 44.00 for non-members is due at time of sign-up. Sign-up begins September 1st. Van seating is limited and on a first-come, first-serve basis.

CERAMICS CLASS TO BEGIN

If you have never tried it, or haven't done it in years, then you need to join us for our fall session of **Ceramic** classes. This eight-week course will let you explore the wonderful world of ceramics. You will be amazed at the beautiful things you are capable of creating. Absolutely no experience is needed. Classes will be held at **1:00pm on Sept. 23rd, Oct. 7th, 14th, 21st, 28th, Nov. 4th, 18th and Dec. 2nd**. The cost is \$20.00 for the session; however, the Center will subsidize the program, bringing the cost to just \$10.00 for participants, plus cost of project. Come be creative with us. This is a relaxing class and a great way to spend time with friends. Please sign-up on the bulletin board if you plan to attend.



BINGO VOLUNTEER MEETING

There will be a meeting on Wednesday, **September 1st, at 11:00am** for all **Bingo** volunteers. If you are interested in being a Bingo volunteer then you are invited to attend. If you wish to volunteer but will be unable to attend the meeting, please let us know.

DO YOU STRIVE FOR THE STRIKE?

We all do when we go bowling. Trying to get that strike is half the fun. The other half is sharing in fun and fellowship with our friends. Join us on **Thursday, September 23rd at 10:30am** for another **Bowling Party** at the **Spare Time Bowl** on Route 9. Bowlers and non-bowlers are welcome. The cost of \$5.00 for bowlers gets you your shoes, two games of bowl, pizza and soda. \$2.00 for non-bowlers gets you pizza and soda. We bowl for the fun of it.



LET'S HIT THE ROAD

Our trip to the **Platzl Brauhaus** for **Octoberfest 2010 on Wednesday October 13th** will leave the Center at 7:30am. Boarding will begin at 7:15am in front of the Historical Society. Please do not park in front of the Senior Center. If you have any questions or would like to suggest a trip or help coordinate one, please let us know. Happy traveling!

HAVE SORE HIPS AND KNEES?

Orthopedic surgeon **Jonathan Gainor, MD** from **Saratoga Hospital** will be at the Center on **Friday, September 17th at 12:30pm** to present you with the latest treatment options for arthritis of the hips and knees, including joint replacement. Refreshments will be served. This free seminar is open to the public.

LET'S SAY "HELLO"

The Center is pleased to introduce you to our newest members. Joining us this month was: **Beverly Schultz, Nancy and Bruce Jerome, Kim Ziccardi, David LaBate, Marge Czwakiel, Rary Imam, Frank and Cathy Edwards, Chuck Tryon, Barbara Lan???** and **Susan Penney**. It is great to welcome each of you to the Center. A reception will be held for *all members* following the **September 1st Business Meeting**. Please plan to join us.