



# HALFMOON SENIOR CENTER

## MAY 2024 NEWSLETTER



Open Monday through Friday 9:00am to 4:00pm

Halfmoon Senior Citizen's Association, Inc.

2B Halfmoon Town Plaza, Halfmoon, NY 12065 518-371-3892

### Office of the Aging Annual Senior Luncheon

#### Saratoga City Center

**Friday, May 17th**  
11:00 - 3:00pm

The theme  
this year  
is the  
"Roaring  
20's"



**Tickets**  
**\$4.00**  
Can be  
purchased  
at the  
front desk.



### Mother's Day Breakfast

**Tuesday, May 7th**  
9am

Enjoy a delicious breakfast,  
French Toast Casserole,  
Quiche, Scrambled Eggs,  
Fruit and Desserts

Sign up Required Before Thursday, May 2nd

### May Business Meeting

Will be held at Town Hall in James A Bold Meeting Room on  
Wednesday May 1st at 1:00pm

Advisory Council held at 11:00am at the Senior Center

# Welcome!

It's so nice to see so many new friends and neighbors stopping in and taking advantage of our Senior Center. Please welcome all of our new members, they are . . .

Barbara Daniels, Debra Sanders, Darlene Walsh,  
John Snyder, Thomas & Roxanne Nabozny,  
Mary Nabozny, Ronald Stamp, Judith Stamp,  
Ona Smith-McCormack, Rita Sorriento,  
Dianne Barmonde, Gerard Franco, Marilyn Blakey,  
Esther Sestito, Karen Harris, Gail Gardner,  
Melissa Muscato, Glenn Smith



#### Town of Halfmoon

Kevin Tollisen, Town Supervisor

#### Town Board

Eric Catricala Paul Hotaling  
Jeremy Connors John Wasielewski

Lynda Bryan, Liaison to Senior Center

James Hayes, Senior Center Director  
Senior Center Administrative Assistants  
Sharon Malinoski and Deb Keyoskey  
Jennifer Harrell – Recreation Leader

## Taco Luncheon

### Tuesday

**Tuesday,  
May 21st**  
12 Noon  
**\$5.00**



Please sign up at the front desk  
before Thursday, May 16th.

#### Senior Citizens Association

Nancy Morris, President  
Gary Shellenbarger Vice President  
Ruth Smalley, Treasurer  
Naomi Kruger, Secretary



#### Board of Directors

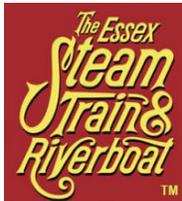
Al Arlitz, Dottie Becker, Dana Cunniff,  
Cheryl Dibble, Jan Harrington, Kate Jeanson,  
Sandy McAlonie, Dorothy Pingelski



**Essex Steamboat Train  
& River Boat Trip  
Friday, June 21st.**

**Cost \$90 for members  
and \$115 for non members**

Featuring Includes Train & Boat Fare,  
3 Course Lunch. Meal choices are Braised Beef,  
Mushroom Asiago Chicken or Baked Ziti. Sign up at  
the front desk.



**Turning Stone Casino Trip  
Monday, May 6, 2024**

Bus will board at 8am at the Senior Center.

**REMINDER**

Please bring your photo ID, and your Turning Stone Card.

**Water Aerobics**

**Wednesday, May 1st**

**10:00am-10:45am**

Runs for 4 consecutive weeks

**Cost \$10.00 per member**

Held at the YMCA

Please sign up at front desk

**The Art of Quilling Class  
Tuesday, May 14th 1:00 - 3:00 pm**

**Cost \$10.00**

Please sign up at front desk



**Newsletter**

If you are not receiving the  
newsletter in your email  
please stop at the Front Desk  
and verify your information  
on file is correct.

**Do you need transportation to the Senior Center?**

**Halfmoon  
Senior Express**

Monday - Friday 7 Days Notice *Halfmoon Residents Only*

Call 518-664-2186 between 9am & 3pm



**Movies begin at 12:30pm**

**May 6-The Help**-PG-13-2hrs 26mins- An aspiring  
author during the civil rights movement of the 1960's  
decides to write a book detailing the African American  
maids' point of view on the white families for  
which they work, and the hardships they go through  
on a daily basis.

**May 13-Mother's Day**-PG-13 1hr 58mins-Three  
generations come together in the week leading up to  
Mother's Day.

**May 20-Wonka**-PG-1hr 56mins-with dreams of  
opening a shop in a city renowned for its chocolate,  
a young and poor Willy Wonka discovers that the  
industry is run by a cartel of greedy chocolatiers.



**Golf Season** will be open.

Looking forward for you to join us  
for a fun casual round of Golf on  
Tuesday, May 14 at Mill Road  
Acres Golf Course. Sign-up sheets  
are available on the bulletin board at  
the Senior Center. Reservations by

Friday, May 10<sup>th</sup> for us to get tee time. Approximate-  
ly 10:30am. After golf, lunch at Otis & Oliver's.

**From the Desk of Your President**

Happy May, beautiful flowers are starting to  
bloom. We can begin to do some activities out-  
side as well as inside. The pavilion has been  
completed and ready for our seniors to enjoy.  
We will certainly let you know when we will be  
having some activity at the pavilion. May is also  
Mother's Day so join us to celebrate our moth-  
ers at our Mother's Day Breakfast on May 7.  
Members, please sign up at the front desk to re-  
serve your spot. Guys, you are invited too. The  
other important date in May is Memorial Day to  
honor our servicemen who have died serving  
our country. Thank them for keeping us free.  
We want you to remember we are all family  
here at the center. Just like our brothers and sis-  
ters, we may not always agree, but it is im-  
portant to love each other and keep our center  
moving along as a great place to meet other sen-  
iors.

*Nancy Morris, President*

# MAY 2024 ACTIVITIES

Senior Center is Open Monday through Friday  
9:00am to 4:00pm



## MONDAY

### Healthy Bones For Life Class at the Senior Center

Monday & Wed. at 9:30 AM  
Offered by Saratoga Office of Aging and Youth Services.  
For information please call 518-884-4100

## TUESDAY

### Stability and Balance & Core Strength Classes

held at the Health Flex Fitness Center.  
For information and class schedule please call 518-383-0225

## WEDNESDAY

**1**  
10:00 Water Aerobics  
9:30 Hthy Bones For Life  
11:00 Adv Couns. (SC)  
1:00 Business Mtg. (TH)  
1:00 Poker

## THURSDAY

**2**  
9:00 Pickleball  
9:00 Crafts  
10:30 PACE  
1:00 Ceramics  
2:00 Line Dancing

## FRIDAY

**3**  
9:00 Quilting  
1:00 Open Paint  
1:00 Open Games

**6**  
8:00 Turning Stone  
8:30 Walking Group  
9:00 Open Sew  
9:30 Healthy Bones For Life  
12:30 Monday Movies  
1:00 Poker

**7**  
9:00 Mother's Day Breakfast  
9:00 Porcelain Painters  
9:00 Woodcarving  
10:30 P A C E  
1:00 Open Games

**8**  
9:00 Coffee Café  
9:30 Healthy Bones For Life  
10:00 Water Aerobics  
1:00 Bingo  
1:00 Poker

**9**  
9:00 Pickleball  
9:00 Crafts  
10:30 PACE  
1:00 Ceramics  
2:00 Line Dancing

**10**  
9:00 Quilting  
12:00 OFA Mother's Day Special  
1:00 Open Paint  
1:00 Open Games

**13**  
8:30 Walking Group  
9:00 Open Sew  
9:30 Healthy Bones For Life  
12:30 Monday Movies  
1:00 Poker

**14**  
9:00 Woodcarving  
10:30 Golf  
10:30 P A C E  
1:00 Open Games  
1:00 Quilling Class

**15**  
9:30 Healthy Bones For Life  
10:00 Water Aerobics  
1:00 Bingo  
1:00 Poker

**16**  
9:00 Pickleball  
9:00 Crafts  
10:30 PACE  
12:00 Alzheimer's Support Group  
1:00 Ceramics  
2:00 Line Dancing

**17**  
9:00 Quilting  
12:00 OFA Senior Luncheon  
1:00 Open Games  
1:00 Open Paint

**20**  
8:30 Walking Group  
9:00 Open Sew  
9:30 Healthy Bones For Life  
12:30 Monday Movies  
1:00 Poker

**21**  
9:00 Woodcarving  
10:30 P.A.C.E  
12:00 Taco Tuesday Luncheon  
1:00 Jewelry  
1:00 Open Games

**22**  
9:30 Healthy Bones For Life  
10:00 Water Aerobics  
1:00 Poker

**23**  
9:00 Pickleball  
9:00 Crafts  
10:30 PACE  
1:00 Ceramics  
2:00 Line Dancing

**24**  
9:00 Quilting  
1:00 Open Paint  
1:00 Open Games

**27** **CLOSED**  
  
HAPPY Memorial Day

**28**  
9:00 Woodcarving  
10:30 P A C E  
1:00 Open Games

**29**  
9:30 Healthy Bones For Life  
1:00 Bingo  
1:00 Poker

**30**  
9:00 Pickleball  
9:00 Crafts  
10:30 PACE  
2:00 Line Dancing

**31**  
9:00 Quilting  
1:00 Open Paint  
1:00 Open Games

**Free Assortment of Breads & Goodies**

Tuesday, Thursday & Friday Morning  
When Available Courtesy of Hannaford



# EVERY WEDNESDAY

Inside Halfmoon Town Hall

2:00PM-5:00PM

# ACTIVITIES

## CHECK OUT THE ACTIVITIES AT THE HALFMOON SENIOR CENTER

**Bingo**- 2nd, 3rd, and 5th Wednesday each month at 1pm. Must be a member to participate. Cards \$1.00 each with one free card. Payout \$5.00 a game. Come join us and have some fun!

**Crafts Group**- Thursdays 9:00am-11:00am. Bring whatever you would like to work on. We do not have a teacher, but we are willing to help if we can. If you have a project for the group to work on, please let our chairperson know.

**Healthy Bones for Life**  
An exercise and education program for those at risk for, or who have osteoporosis. Held Mondays and Wednesdays from 9:30am-10:30am. This program is offered by the Saratoga County Office of the Aging and a medical release form is required. Please call 518-884-4100 for information and to register.

**PACE** (people with arthritis can exercise)- Class is held Tuesdays and Thursdays from 10:30am-11:30am. Exercises are done slowly and at your own pace, Stop in and check out the class.

**Open Paint**-Class will be held every Friday from 1:00pm-3:30pm. Bring your own supplies. No turpentine or solvents please.

**Bowling**- held the last Thursday of each month at Spare Time Bowl at 10:30am, practice begins at 10:20am. Members \$8.00, non-members \$10.00. Includes two games, shoes, ball, pizza and soda. All are welcome. Scores do not count!!

**Games**- Tuesdays and Fridays at 1pm. Shuffleboard, Pokeno, Mah Jongh, dominoes, or any game of your choice. All are welcome to join us!

**Library**-we have large print books and regular hard cover books. Books are arranged in alphabetical order by author. Books can be signed out and returned when finished. You're welcome to sit and read a book quietly for a while.

**Pickleball**- Thursdays 9am-11am. Winter months, Pickleball is played at Impact Center, there is a \$7 charge to play at their gym. Spring/Summer/Fall held at Town Complex.

**Woodworking**- Tuesdays 9am. Everyone is encouraged to bring their own supplies to this class. Stop in and check out our group.

**Open Sew** -Bring your own project to work on. Group will meet on Monday's from 9am-11am

**Ceramics**- eight-week session, held every Thursday 1:00pm-3:00pm. Participants purchase their own piece. Paints are charged by usage. Session begins April 4th, runs for 8 consecutive weeks.

**Golf**-begins in the spring. Location of the golf course changes monthly as we like to try different courses. Riding carts are available in most locations. Please sign up on the bulletin board or send an email to [halfmoon-seniorgolf@gmail.com](mailto:halfmoon-seniorgolf@gmail.com).

**Line Dancing**- held every Thursday at 2pm. Lessons taught on a as needed basis, with new and old steps.

**Quilting**- Fridays 9am. Everyone works on their own projects using their own sewing machine.

**Walking Group** - Mondays 8:30am -10:30am. Wintertime, the group walks at Impact and there is a \$7 charge to walk in their facility. Spring the group walks in the Town Park.

**Jewelry** - 1:00pm Third Tuesday of each month. \$7.00 fee. We work on a different project each month.

**Monday Movies** Join us on Monday's for an afternoon movie and free popcorn starting at 12:30

*\*\*If you do not find your activity please let us know and we will add it to the next Newsletter\*\**